

Small Group News

Family Night (Menu: Chik-fil-A): Week 2 Wed

Small Group Connect Event: January 25th-26th

Pray for: New Teaching Series, Spiritual Growth Classes

Small Group Questions

For the week of January 19th, 2020

New (Part 3)

Romans 12:2b

INTRODUCTION

Throughout the month of January, the teaching series will focus on Change. New Year's is often a great time for new things (new gym, new goals, new projects, etc.). We will be discussing four areas of change that will help make our New Year our best year.

The focus of the week: **Be Transformed**

QUICK REVIEW

Looking back at your notes from this week's teaching, was there anything you heard for the first time, or that caught your attention, challenged or confused you?

MY STORY

1. At what point in your journey with Jesus did you start to notice changes in your life? What has been the biggest difference between your life before following Jesus and your life after? What do you think were the primary factors that have caused those changes?
2. How would you describe someone who is mentally strong? Do you consider mental strength to be a strength for you personally? Why or why not? In what areas of life do you wish you had more mental strength? What things, if any, have you tried in the past when it comes to making changes? How successful have those attempts been? Share why you think attempts at change have succeeded or failed in the past.

DIGGING DEEPER

1. One of the primary assets for a follower of Jesus when it comes to transformation is the Holy Spirit. What does the bible say about the Spirit's role in the life of a believer?

Read: John 14:15-18; 25-27; 16:7-15

What are some of the responsibilities of the Holy Spirit in regards to followers of Jesus? How about His activity in those who do not follow Jesus? How does the Holy Spirit's role differ from the earthly ministry of Jesus? How does He help in transforming people?

Read: Galatians 5:16-25; John 15:4-8

What do you it means to, "Walk by the Spirit?" What does that look like? How do we abide in Jesus? What is the connection between the fruit of the Spirit and the fruit Jesus promises to those who abide in Him? How is that fruit produced? What are some habits you see in the lives of those who abide in Jesus and walk by the Spirit?

2. Paul's write in Romans 12 that transformation takes place, "by the renewing of your mind." What are some other scriptures about the mind and transformation?

Read: Romans 1:28-32; Ephesians 4:17-24; 1 Peter 1:13-16

What are some differences in mindset between those who follow Jesus and those who do not follow Him? What causes these differences? What habits of our mind should followers of Jesus adopt? How are you doing with the habits you listed on a scale of 1-5?

TAKING IT HOME

Take some time this week and try to stretch your mind in Christ. Maybe add some time to your personal devotion time (or begin one). Instead of 15 minutes, try adding some prayer and reflection time. Maybe cut a TV show or some other activity and replace it this week with meditation on God. Write down thoughts and questions that come into your mind during these times.

Spend some time praying and asking God to renew your mind. Then spend some time coming up with solutions to things that plague your thinking but are contrary to what God wants for you. Share some of this with a trusted godly friend, small group, or spouse. Work together to develop new habits that can help transform you through renewing your mind.

GROUP PRAYER

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